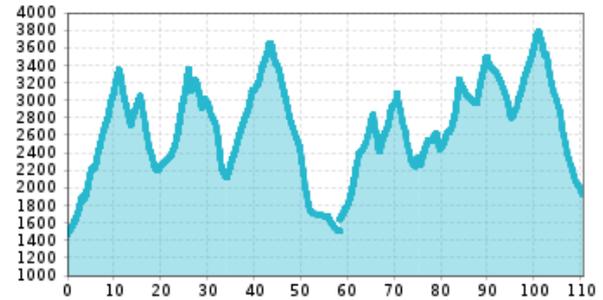


Altitude profile



The most important at a glance

altitude meters uphill
10112 m

highest point
3790 m

distance
110 km

altitude meters downhill
9774 m

difficulty
difficult

starting point: Hinterbichl / Ströden
destination point: Lucknerhaus
best season: FEB, MAR, APR, MAY

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The Hoch Tirol plus is probably the biggest dream in the Eastern Alps for many ski tourers. On an impressive route through East Tyrol, it connects some of the most famous mountains in the Hohe Tauern and then reaches its spectacular finale on the Grossglockner. Every day there are summits and crossings above the 3000 metre mark and the views range from the Dolomites to the Berchtesgaden Alps.