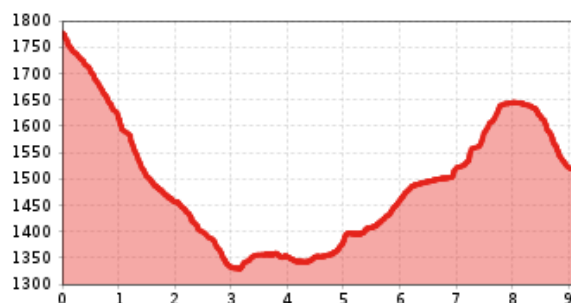




## Altitude profile



## The most important at a glance

distance  
9.2 km

altitude meters uphill  
340 m

altitude meters downhill  
620 m

walking time uphill  
3:30 h

total walking time  
3:30 h

highest point  
1770 m

difficulty  
average

fitness:



technique:



starting point:

destination point:

best season:

route typ:

Hut Stabanthütte

Water trail Umbalfälle

JUN, JUL, AUG, SEP, OCT

circuit

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

### Stage 4:

Stabanthütte – road (22) – turn at Lumalm (22b) – Hinterbichl alpine path (20) – Alter Dorfertalweg - Hinterbichl – Gasthof Isplitzer – Ströden trail (67) – Pebellalm road - and Isplitzeralm (911) – Water Experience Trail

**Walking time: 3 to 3.5 hrs – depending on stop at the Water Experience Trail**