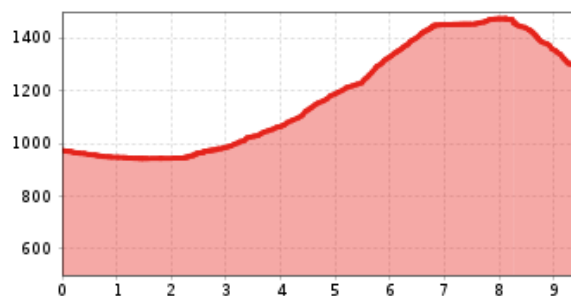




Altitude profile



The most important at a glance

distance
10.8 km

altitude meters uphill
610 m

altitude meters downhill
320 m

total walking time
4:45 h

difficulty
average

fitness:



technique:



starting point:

destination point:

best season:

Tourist information Matri in Osttirol

Zedlach mountain village

JUN, JUL, AUG, SEP, OCT

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

Stage1:

Matrei in Osttirol 975 m – Prossegg (71) Thiemeweg (54) , Strumerhof (1445m) – Zedlach 1.260 m

Walking time: 5 hr