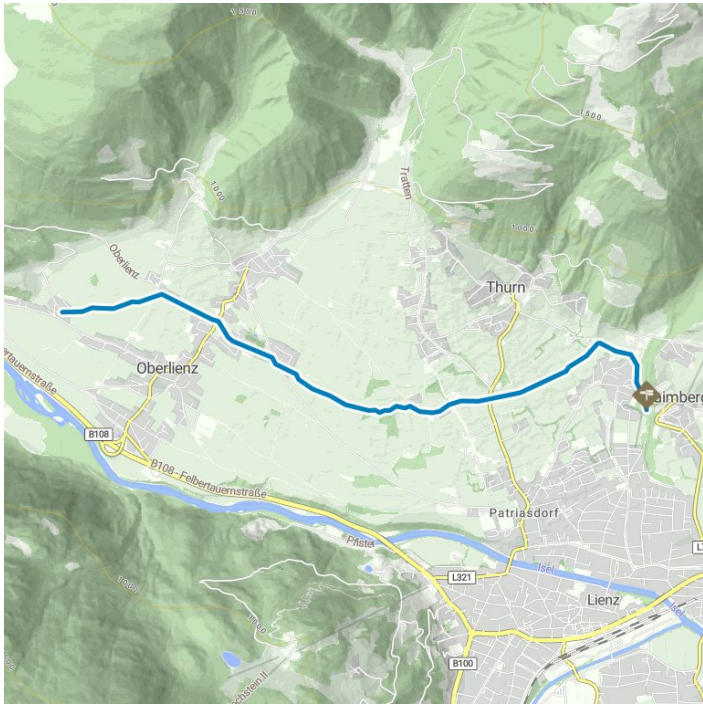
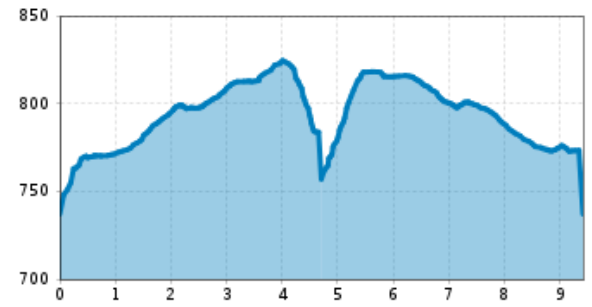


# Themed path "Kneipp hiking trail"



## Höhenprofil



## The most important at a glance

distance 9.5 km	altitude meters uphill 180 m	altitude meters downhill 95 m	walking time uphill 2 h
walking time downhill 2 h	total walking time 2 h	highest point 831 m	difficulty easy

### public transport:

Mit dem Bus bis zur Bushaltestelle "Gaimberg Zettersfeldbahn".

### parking:

**starting point:** Parkplatz Talstation Zettersfeldbahn  
**destination point:** Zettersfeld Talstation  
**best season:** Oberlienz/Lesendorf  
MAY, JUN, JUL, AUG, SEP  
**route typ:** buggy-friendly tour

## arrival

**Car park**  
Car park Zettersfeldstraße

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Beschreibung

Priest Sebastian Kneipp can be described as being the pioneer of the wellness movement of today - his theses, which, above all else, served as preventative health care, are revealed on this themed trail. A stone labyrinth is a symbol for your route into your core, a healing herb garden, an arm bath and water treading facility as well as hiking bring visitors to this route closer to the 5 keystones of Priest Kneipp.