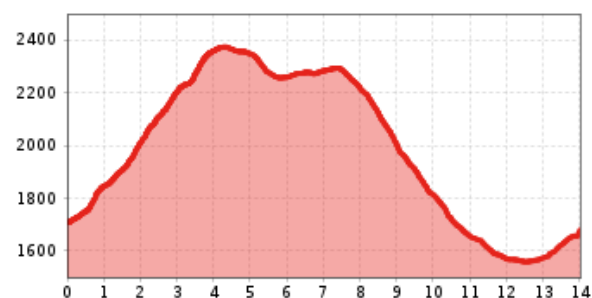


Themed Path “Alpine Flower Trail Oberseite”



Höhenprofil



The most important at a glance

distance 14.1 km	altitude meters uphill 834 m	altitude meters downhill 862 m	total walking time 6 h
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highest point 2367 m	difficulty average
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fitness: * * * * *

technique: * * * * *

public transport:

parking: Bushaltestelle St. Jakob i. D. Gemeindeamt

starting point: Parkplatz Trogach
destination point: St. Jakob/Trogach
best season: Seespitzhütte
route typ: MAY, JUN, JUL, AUG, SEP
circuit

arrival

Bus stop
St. Jakob i. D. Lärchenhof
Car park
Car park Trogach 1.700m

hut/alpine hut

[Seespitzhütte 2.327m](#) closed

Gpx file

[download>](#)

Interactive map

[open>](#)

Beschreibung

The themed path “Alpine Flower Trail Upper Side” provides good insight into the colourful diversity of the alpine plants and their living conditions in the high mountains. The starting point of the hike is Trogach (car park). A forest road and hiking trail lead to the actual starting point of the Alpine Flower Trail, the “Gasser Kofel”. From there, a moderately ascending hiking trail leads to the Seespitzhütte. From there, a high route runs eastwards (Reggnalm) and then descends into the Trojeralp Valley. The same-titled Natural History Guide published by the Austrian Alpine Association offers interesting facts about flora and fauna and the healing properties of some Alpine plants at all stops. (Please note: extensive day trip)