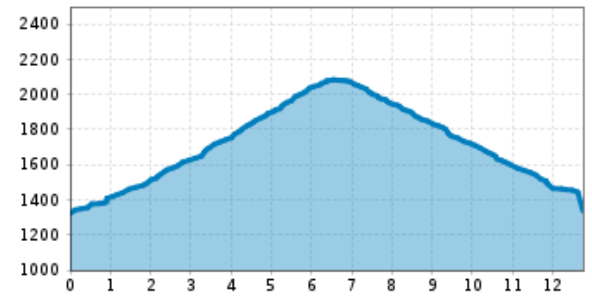


## Höhenprofil



## The most important at a glance

distance 12.8 km	altitude meters uphill 800 m	altitude meters downhill 780 m	walking time uphill 2:30 h
walking time downhill 2:30 h	total walking time 5 h	highest point 2124 m	difficulty easy

fitness: \* \* \* \* \*

technique: \* \* \* \* \*

public transport:

parking:

Mit dem Bus bis zur Haltestelle "Panzendorf Gemeindeamt Heinfels"

starting point:

destination point:

best season:

route typ:

Parkplatz Gemeindeamt Heinfels  
Heinfels / Tessenberg  
Tessenberger See  
MAY, JUN, JUL, AUG, SEP  
family tour

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Beschreibung

The starting point is Tessenberg. From there bear left on forest trail 1a or proceed risk-free through the forest, pastureland and via Alpine floor areas up to the Tessenberger Alm at 1900 m altitude. There is a superb view to Obere Pustertal. Starting from Tessenberger Alm on a signposted, easy hiking trail in 30 minutes you get to Tessenberger Almsee, which is particularly appreciated by children. From here you get to enjoy a superb panoramic view to the Lienz and Sexten Dolomites and to the Villgrater mountains.