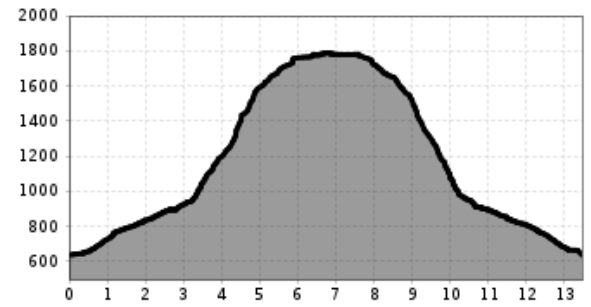


## Höhenprofil



## The most important at a glance

distance 13 km	altitude meters uphill 1200 m	walking time uphill 4:45 h	total walking time 7:30 h
highest point 1800 m	difficulty difficult		

fitness: \* \* \* \* \*

technique: \* \* \* \* \*

public transport:

parking: Take the train to the stop "Nikolsdorf Bahnhof".

starting point: Car park station Nikolsdorf  
destination point: Lienz, Bahnhof Nikolsdorf  
best season: Hochstadel  
JUN, JUL, AUG, SEP

## arrival

Car park  
Parkplatz Nikolsdorf Bahnhof

## hut/alpine hut

[Hochstadel Schutzhaus 1.780m](#) closed

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Beschreibung

From the train station, follow the road and after three bends turn off onto Zabratsteig. First it leads up steeply, then it flattens briefly and leads down into a canyon full of shrubs. The rocky terrain that follows can be mastered by making use of the solid ladders. At the "Tiroler Grenzstein" (Tyrolean landmark) signpost, the trail leads leftwards across mountain meadows to "Unholdenalm" with Kalserhütte and the Hochstadelhaus, which is in 5 minutes distance to the east. The same route takes you back to the starting point.