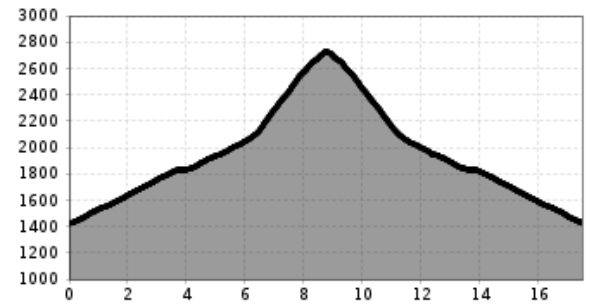


## Altitude profile



## The most important at a glance

distance  
17.5 km

altitude meters uphill  
1300 m

altitude meters downhill  
1300 m

walking time uphill  
3:30 h

walking time downhill  
3 h

total walking time  
6:30 h

highest point  
2739 m

difficulty  
difficult

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Bushaltestelle St. Jakob i. D. Mariahilf Dorf

parking:

starting point:

Beim kleinen Kirchlein in Maria Hilf  
Kapelle Maria Hilf

destination point:

Hochkreuz

best season:

JUN, JUL, AUG, SEP

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)

## Description

The starting point for this tour is Maria Hilf. From here proceed to Alpe Stalle and continue via the trail down into the valley to Hintere Stalle, where the trail ends. From here via a steep path, ascending slightly to the head of the valley. Then the right side of the slope proceeds via hilly Alpine meadows up to a small altitude plateau on the Pfoisattel, then bears right up to the highest point.