



## Altitude profile



## The most important at a glance

distance  
3.9 km

altitude meters uphill  
660 m

walking time uphill  
2:45 h

total walking time  
4 h

difficulty  
easy

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Matrei i. O. Korberplatz

parking:

Parking place Eden-Happeck  
MAY, JUN, JUL, AUG, SEP, OCT  
family tour

best season:  
route typ:

**Gpx file**

**Interactive map**

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## Description

The "Goldriedriese" offers us interesting root paths that invite us to bathe in the forest and relax.

From the parking place "Eden-Happeck", the trail leads through mountain forest and alpine pastures into the Goldried. The four family businesses Jagatee Stub'n, Kuenzer Alm, Roatz Bodn Hitte and Berggasthaus Goldried invite you to stop for refreshments.

In the face of the mountain "Bretterwand", the hike starts in the forest Bannwald. In the past, as today, the valley Hinteres Iseltal has had to contend with natural hazards. Mudflows, avalanches and landslides are part of everyday life. The forest Bannwald offers protection from the dangerous stream Bretterwandbach, which has devastated the village of Matri in Osttirol several times. On your hike, take a look at the imposing obstructions along the Bretterwandbach.

The Goldriedriese continues uphill over the "Hochroan". Tyrolean grey cattle graze on the Hochalm. Arnica, cabbage roses and many orchids blossom on the species-rich mountain meadows next to the hiking trail.

At the peak of the tour, at 2,150 metres, you are rewarded with a magnificent 360° panorama in the middle of the Nationalpark Hohe Tauern Osttirol. 66 three-thousand-metre peaks frame this area. The Großglockner, Austria's highest mountain, lies in the north. Here you visit the hunting grounds of the golden eagle, marmot and chamois.