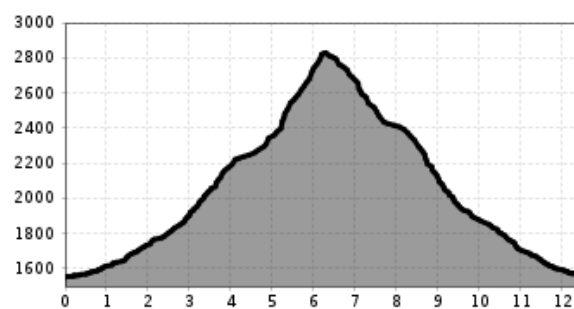


## Höhenprofil



## The most important at a glance

distance 10.6 km	altitude meters uphill 1430 m	altitude meters downhill 1430 m	walking time uphill 3:30 h
walking time downhill 3 h	total walking time 6:30 h	highest point 2918 m	difficulty difficult

fitness: \* \* \* \* \*

technique: \* \* \* \* \*

parking:

starting point: Parkplatz Kristeiertal  
destination point: Parkplatz Kristeiertal  
best season: Gölbner  
JUN, JUL, AUG, SEP

## arrival

### Car park

Car park valley Kristeiertal 1.530m

## hut/alpine hut

[Hut Gölbnerblick 1.824 m](#) closed

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Beschreibung

Through Kristeiertal to the car park. From here, hike to the left for another 20 minutes on a gravel road to Gölbnerblickhütte. From there across Alpine pastures and meadows at the head of the valley and via a steep section to the Seealpe and to a lake (partially dried out) – continue into a large corrie – in part across a boulder area to another steep section and across large boulders to the wide yet steep northern ridge of the Gölbner – very steep and slippery to the summit cross on the Gölbner.