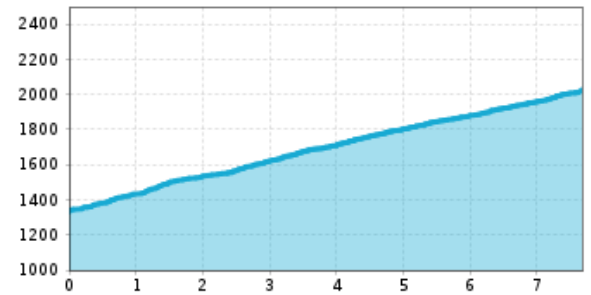


## Altitude profile



## The most important at a glance

distance  
7.6 km

altitude meters uphill  
800 m

walking time uphill  
2 h

highest point  
2034 m

difficulty  
average

fitness:



technique:



starting point:

destination point:

best season:

Ortsteil Fronstadel

Fronstadler Alm

JAN, FEB, MAR, DEC

## Gpx file

[download>](#)

## Interactive map

[open>](#)

### Description

The entire Tessenberger Alm and Fronstadler Alm area is a high plateau and is very popular as a hiking area in its own right. Follow the woodland trail from Fronstadel near Strassen via several bends to Fronstadler Alm (not open).