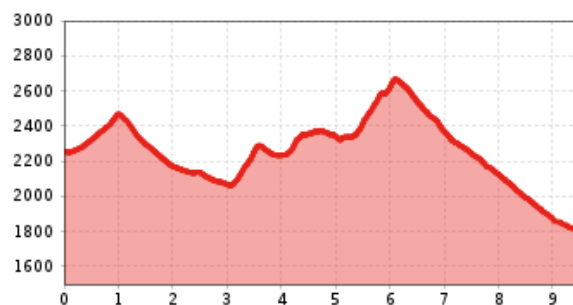




## Altitude profile



## The most important at a glance

**distance**  
9.4 km

**altitude meters uphill**  
1125 m

**altitude meters downhill**  
1598 m

**walking time uphill**  
7 h

**highest point**  
2676 m

**difficulty**  
average

**fitness:**



**technique:**



**starting point:**

**destination point:**

**best season:**

Karlsbader Hut

Hochstadel Hut

MAY, JUN, JUL, AUG, SEP

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

Along Dreitörlweg (three-gap-path) up to hut Hochstadel. The stage begins with the climb up to the Laserztörl gap. From there, the route leads downhill to the Lavanter Alm covering some 400 m difference in altitude. Then a short climb first leads up to Kuhleitentörl gap. After a short descent and ascent past bizarre rock formations, you will get to the Baumgartnertörl. The climb now continues on to the Leitentörl gap. After a descent and the hike, the stage finishes in a south-facing semi-circle around the Hochstadel at the hut Hochstadel. With adequate fitness, a side trip from the Dreitörlweg path up to the Hochstadel provides a further highlight.