

# Adlerweg trail. Stage 8: Kaiser Tauernhaus – Stüdlhütte



## Altitude profile



## The most important at a glance

<b>distance</b> 14 km	<b>altitude meters uphill</b> 1382 m	<b>altitude meters downhill</b> 343 m	<b>total walking time</b> 6:30 h
<b>highest point</b> 2800 m	<b>difficulty</b> average		

fitness:



technique:



**starting point:**  
**destination point:**  
**best season:**

Kaiser Tauernhaus  
Stüdlhütte  
JUL, AUG, SEP

**Gpx file**

**Interactive map**

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### Description

From Kaiser Tauernhaus the Adlerweg trail continues to the Moaalm, keeping south, through the lovely Dorfertal on a wide Alpine trail which descends slightly. Pass the Kaiseralmen on the Rumesoi- and Schönebene. Just after the Bergeralm snack station, at Moaebene route no. 40 bears left via a path which requires surefootedness ('die Stiege'), up to the Moaalm (1793 metres), just above Kals. Continue down across Moaalmstraße up to the bridge on the Teischnitzbach, where after about 70 metres at a gap in the fence a route signpost shows the way to Teischnitztal. This section is still very original and inspires with its lovely scenery. From there an Alpine trail heads up on the right side of the valley, where larch trees are growing. There is also a shortened path which crosses the Alpine trail several times. It passes Maurigen Trog (2101 metres), a narrow, 800 metre rocky gorge (2075 metres). At the entrance to the high valley trough of the Teischnitz Ebene (bridge) a signpost shows that the route branches off here heading for Stüdlhütte bearing right into the steep mountain slopes. You soon are looking down to the rushing Teischnitzbach and see the ice towers of the Teischnitzkee flash. There are still a few steep pasture slopes, strips and gullies to tackle, before you finally approach the Stüdlhütte (2802 metres) via rubble and stone boulders. To the south of you you are at the foot of the Großglockner, the corresponding mountain and glacier panorama is superb.