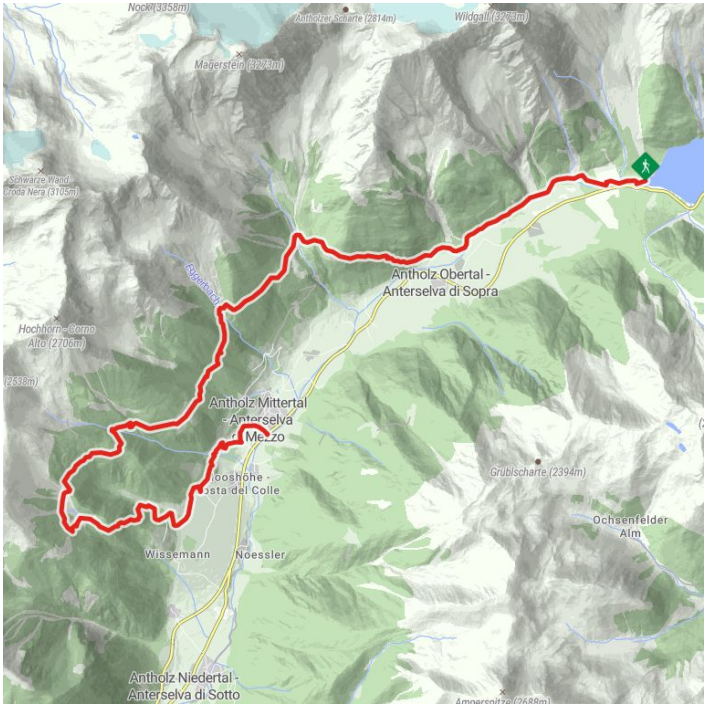
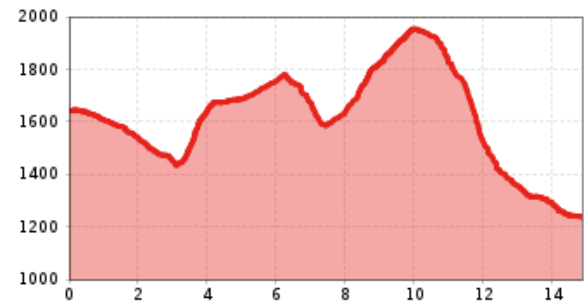


2TälerTrail - Stage 5: From Lake Antholz to Antholz Mittertal



Altitude profile



The most important at a glance

distance 15 km	altitude meters uphill 773 m	altitude meters downhill 1175 m	total walking time 5 h
highest point 1800 m	difficulty average		

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

parking:

starting point: Beim Antholzer See
destination point: Antholzer See - Südtirol
best season: Antholz-Mittertal - Südtirol
JUL, AUG, SEP, OCT

Gpx file

Interactive map

[download>](#)

[open>](#)

2TälerTrail - Stage 5: From Lake Antholz to Antholz Mittertal

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner" On this stage, you hike from Lake Antholz past the biathlon centre across the Kornbrentesteig to the Schwörzalm. The trail leads over the Klammbach past the Brennalm (not managed) on the Mitteltaler High Route, which for the most part runs parallel to a forest path. After crossing the Eggerbach, you descend to the managed Kumpflalm, where you can take a break. Once you had your refreshment, you will hike uphill again on the waymarked hiking trail 6a to the Grentalmen. These well-kept alpine huts offer refreshment opportunities and snacks; from the terrace you can enjoy fantastic views over Antholztal Valley and the surrounding mountains. Choose hiking trail 6A for your descent towards Antholz-Mittertal. It winds its way down to the idyllic village of Antholz-Mittertal.