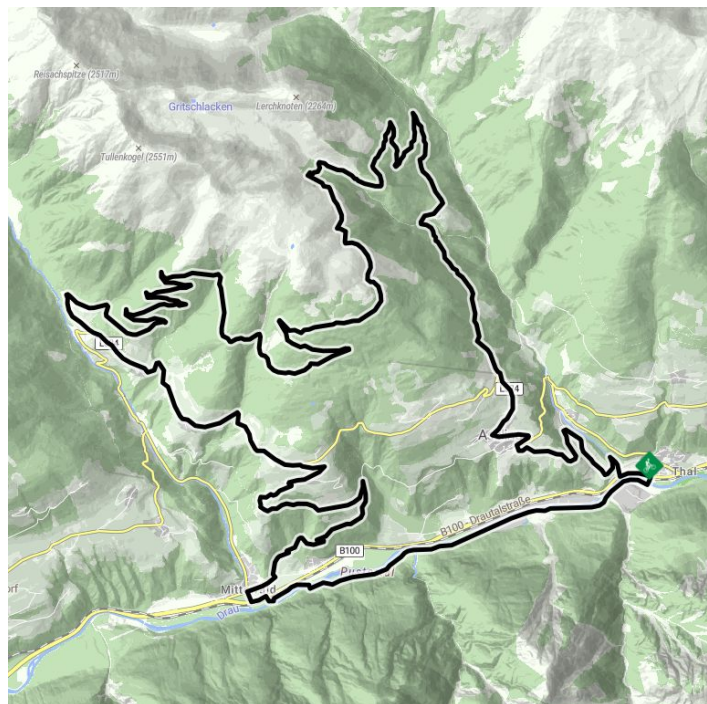
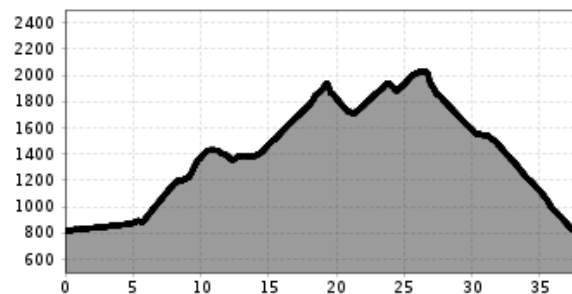


Intensive mountain bike tour to the former Compedal ski hut



Höhenprofil



The most important at a glance

distance 38 km	altitude meters uphill 1530 m	altitude meters downhill 1560 m	highest point 2030 m
difficulty difficult	circuit yes		

fitness: * * * * *

technique: * * * * *

public transport:

parking: Bushaltestelle "Thal Ort"

starting point: Parkplatz Schwimmbad Thal
destination point: Assling-Dorfplatz (1125m)
best season: Assling - Dorfplatz (1125m)
MAY, JUN, JUL, AUG, SEP

arrival

Car park
Parkplatz Schwimmbad Thal

hut/alpine hut

[Compedal-Schihütte 1.920m](#) closed

Gpx file

Interactive map

[download>](#)

[open>](#)

Beschreibung

From the sports centre in Thal the route proceeds via the Drau cycle trail to Mittewald. From there to Herolerhöfen and Unterkosten, continuing along the Pustertal altitude road to Kristeintal with an ascent of some 400 m to Schönkosten. From Schönkosten towards the ski hut there is a short, very steep part until you come back to the forest path. Heading out of the valley there to the ski lodge (access to the Short Compedal circuit), continuing to Kontrinerkaser and Soldererkaser and downhill via the Alpine path to the valley trail. There is a steep climbing path between the Tschiker Kaser and the old Sodra Kaser. There is a short sliding passage / carrying passage! Continue heading out of the valley to Assling and from there via the old route to St. Korbinian church and back to the sports centre again.