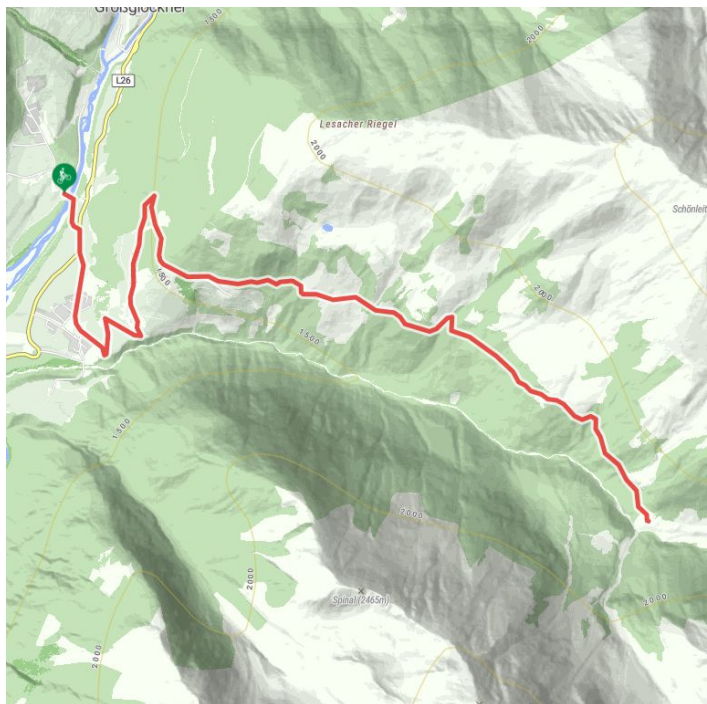
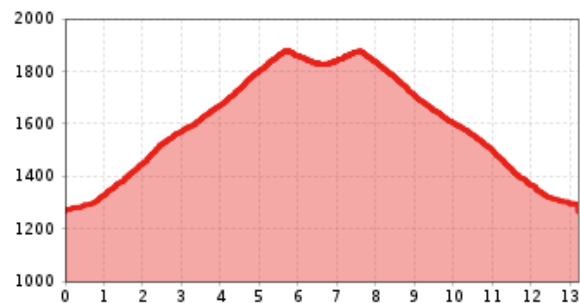


Mountain biking alwasy within the sight of the Glödis (3.207m)



## Höhenprofil



## The most important at a glance

distance	altitude meters uphill	altitude meters downhill	highest point
13.2 km	654 m	655 m	1880 m

difficulty	circuit
average	no

fitness: \* \* \* \* \*

technique: \* \* \* \* \*

public transport:

parking: Kals a.G. Lesacherhof

destination point: Parkplatz Lesach Zentrum

best season: Lesachalm

JUN, JUL, AUG, SEP

## arrival

### Bus stop

Kals a. G. Lesacherhof

### Car park

Car park Lesach centre

## hut/alpine hut

[Alpengasthof Glödis Refugium 1.850 m](#) closed

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Beschreibung

This moderately difficult mountain bike route starts at the Lana bridge. From there, cross the bridge to the Lesach district. Please take particular care on the short stretch on the main road (approx. 100m)! Continue into the Lesach district, past Gasthof Lesacherhof and up the road in hairpin bends to Oberlesach. From there, a forest road continues in serpentine to the barrier at Rubisoierhof. At the Lesach-Riegel junction, follow the path towards Lesachalm up through the forest. The last section of the trail is relatively flat and even slightly downhill to the end of the route. From the Alpengasthof Glödis Refugium (please note the opening times) you can enjoy a breathtaking view of the Glödis (3,207m).