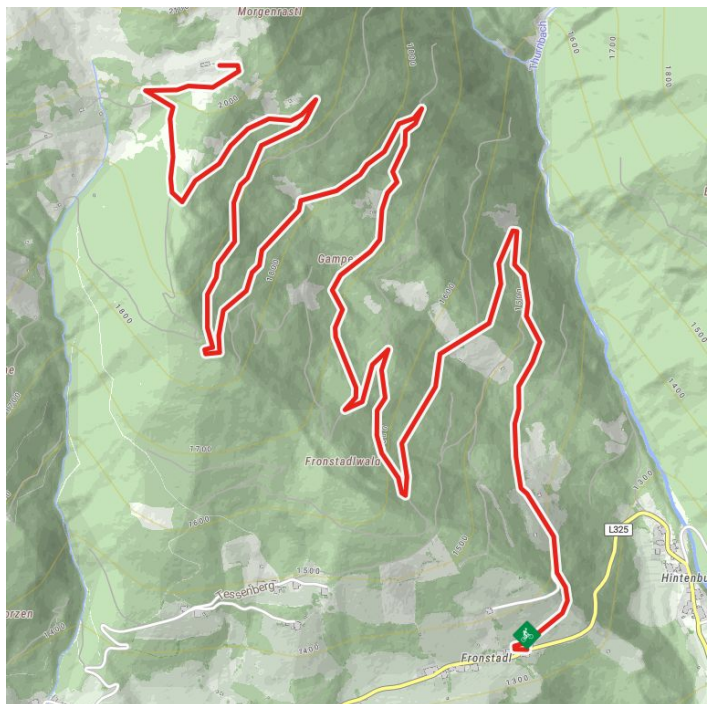
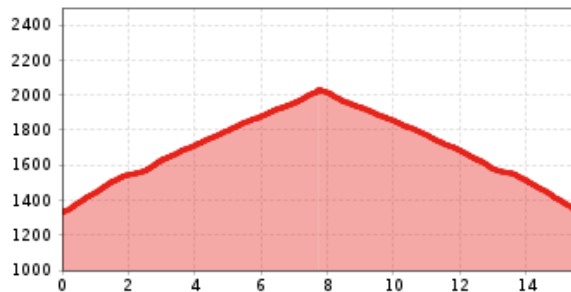


Medium-difficulty mountain bike tour to the Fronstadler Alm



## Altitude profile



## The most important at a glance

distance  
15.4 km

altitude meters uphill  
790 m

altitude meters downhill  
690 m

highest point  
2027 m

difficulty  
average

circuit  
no

fitness:



technique:



parking:

starting point:  
destination point:  
best season:

Parkplatz im Zentrum von Strassen  
Tessenberg/Fronstadl (1340m)  
Fronstadlalm (2030m)  
MAY, JUN, JUL, AUG, SEP, OCT

Gpx file

Interactive map

[download>](#)

[open>](#)

### Description

The starting point for the "Fronstadler Alm" bike tour is the town of Fronstadl (1350 m) in the district of Strassen. From here it is initially some 400m steep uphill (tarmac). There follows a lovely scenic, meandering forest trail to the Fronstadler Alm. At kilometre 10.7 the descent offers a variant (circular course), passing "rotem Schotter" an old abandoned mine and leading at 11,9 km into the original route.